MINUTES TO MEETING
STATE OF CONNECTICUT
MEDICAL EXAMINING BOARD
INVESTIGATION
Friday, November 20, 2026

A Meeting of the Medical Examining Board was held on Friday, November 20, 2026, at the Office of the State Comptroller, 165 Capitol Ave., Hartford, Connecticut, 06106. All Medical Examining Board meetings being conducted electronically.

PRESENT:
Lynn Rudich, M.D., CHAIRPERSON
Sachin Parekh, M.D.
Michael Gerstenfeld, M.D.

ABSENT:
Fielding Johnson, M.D.
Ralph Rosenberg, M.D.
Rita Ohene-Adjei, M.D.
Eric T. Shore, M.D.
Sohrab Zahedi, M.D.
Nikolai Lieders, M.D.
Manny Katsetos, M.D.
Sokpoleak So, M.D.
Frank Gerratana, M.D.
Sheldon Nova, M.D.

OTHERS PRESENT:
Robert Helfand, Retirement Services Division
Patrick Fairbanks, Retirement Services Division
Alexandra Cipolla, Retirement Services Division
Cindy Cieslak, General Counsel to the Commission, Rose Kallor, LLP.

Please note that a portion of the meeting was conducted in executive session as the focus of the meeting was the medical condition(s) of each Disability Retirement applicant.

CALL TO ORDER

The Chairperson called the meeting to order at 9:05 am.
Dr. Rudich motioned to go into the Executive Session to discuss medical record(s) related to the applications for Disability Retirement, seconded by Dr. Parekh at 9:08 am. Members of the Retirement Services Division and the General Counsel to the Commission were invited to stay during Executive Session. There was a brief break taken.

1. Matthew Morrissette and Attorney Zimberlin appeared on Zoom before the Board at 9:39 am. They made a statement and then they were excused by the Board at 10:21 am.
2. Christina Gudaitis appeared on Zoom before the Board at 10:32 am. They made a statement and then they were excused by the Board at 10:54 am.

Dr. Rudich motioned to come out of Executive Session, seconded by Dr. Parekh at 11:04 am. Motion approved unanimously.

CHRISTINA GUDAITIS INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to discontinue Christina Gudaitis' entitlement to Disability Retirement. Motion approved unanimously.

CHRISTOPHER KELLY INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to discontinue Christopher Kelly's entitlement to Disability Retirement. Motion approved unanimously.

STEVEN MITCHELL INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to discontinue Steven Mitchell's entitlement to Disability Retirement. Motion approved unanimously.

MATTHEW MORRISSETTE INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to discontinue Matthew Morrissette's entitlement to Disability Retirement. Motion approved unanimously.

DONALD PHIMESTER INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to table Donald Phimester's entitlement to Disability Retirement. Motion approved unanimously.

ZELMA SOMMERVILLE INVESTIGATION
Dr. Rudich moved, seconded by Dr. Parekh, to discontinue Zelma Sommerville's entitlement to Disability Retirement. Motion approved unanimously.

ADJOURNMENT:

Dr. Rudich moved, seconded by Dr. Parekh, to adjourn the meeting at 11:12 am. Motion approved unanimously.