

MINUTES TO MEETING
STATE OF CONNECTICUT
MEDICAL EXAMINING BOARD
Friday, June 5, 2026

A Meeting of the Medical Examining Board was held on Friday, June 5, 2026, at the Office of the State Comptroller, 165 Capitol Ave., Hartford, Connecticut, 06106. All Medical Examining Board meetings being conducted electronically.

PRESENT:

Sachin Parekh, M.D., CHAIRPERSON
Sokpoleak So, M.D.
Michael Gerstenfeld, M.D.

ABSENT:

Fielding Johnson, M.D.
Ralph Rosenberg, M.D.
Lynn Rudich, M.D.
Manny Katsetos, M.D.
Nikolai Lieders, M.D.
Rita Ohene-Adjei, M.D.
Eric T. Shore, M.D.
Frank Gerratana, M.D.
Sohrab Zahedi, M.D.
Sheldon Nova, M.D.

OTHERS PRESENT:

Robert Helfand, Retirement Services Division
Patrick Fairbanks, Retirement Services Division
Alexandra Cipolla, Retirement Services Division
Cindy Cieslak, General Counsel to the Commission, Rose Kallor, LLP.

Please note that a portion of the meeting was conducted in executive session as the focus of the meeting was the medical condition(s) of each Disability Retirement applicant.

CALL TO ORDER

The Chairperson called the meeting to order at 9:06 am.

Dr. Parekh motioned to go into the Executive Session to discuss medical condition(s) related to the applications for Disability Retirement, seconded by Dr. So, at 9:07 am. Members of the Retirement Services Division and the General Counsel to the Commission were invited to stay during Executive Session. Alex Cipolla left the meeting at 10:33 am during the discussion concerning Geoff Newton, she returned to the meeting at 10:36 am. A brief break was taken

1. Attorney Russell Zimmerlin and Gail Alston appeared on Zoom before the Board at 12:21 pm. They made a statement and then they were excused by the Board at 12:23 pm.
2. Attorney Mark Woolen and Diane Rogers appeared on Zoom before the Board at 12:28 pm. They made a statement and then they were excused by the Board at 12:30 pm

Dr. Parekh motioned to come out of Executive Session, seconded by Dr. So at 12:30 pm. Motion approved unanimously.

GAIL ALSTON SERVICE CONNECTED*

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of GAIL ALSTON for a Service Connected Disability Retirement. Motion approved unanimously.

MARC ARRIGONI NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of MARC ARRIGONI for a Non-Service Connected Disability Retirement. Motion approved unanimously.

LAURA DAWSON NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of Laura Dawson for a Non-Service Connected Disability Retirement. Motion approved unanimously.

LURRANN DIXON-SWINTON NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to deny the entitlement of LURRANN DIXON-SWINTON for a Non-Service Connected Disability Retirement. Motion approved unanimously.

CARMEN DOUGLAS SERVICE CONNECTED*

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of CARMEN DOUGLAS for a Service Connected Disability Retirement. Motion approved unanimously..

SANDRA FIGUEROA NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of SANDRA FIGUEROA for a Non-Service Connected Disability Retirement. Motion approved unanimously..

RODNEY JACKSON SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of RODNEY JACKSON for a Service Connected Disability Retirement. Motion approved unanimously.

CHERYL MACDONALD NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of CHERYL MACDONALD for a Non-Service Connected Disability Retirement. Motion approved unanimously.

TERRI MAIA SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of TERRI MAIA for a Service Connected Disability Retirement. Motion approved unanimously.

JESSICA MORALES SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of JESSICA MORALES for a Service Connected Disability Retirement. Motion approved unanimously.

JOHN MOREAU SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to deny the entitlement of JOHN MOREAU for a Service Connected Disability Retirement. Motion approved unanimously.

GEOFFREY NEWTON NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of GEOFFREY NEWTON for a Non-Service Connected Disability Retirement. Motion approved unanimously.

FRANSHESCA OJEDA-CRESPO SERVICE CONNECTED*

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of FRANSHESCA OJEDA-CRESPO for a Service Connected Disability Retirement. Motion approved unanimously.

MARIA PADILLA NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of MARIA PADILLA for a Non-Service Connected Disability Retirement. Motion approved unanimously.

VICTOR PEREZ SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to deny the entitlement of VICTOR PEREZ for a Service Connected Disability Retirement. Motion approved unanimously.

HILDA RODRIGUEZ NON-SVC CONNECTED

Dr. Parekh moved, seconded by Dr. So, to approve the entitlement of HILDA RODRIGUEZ for a Non-Service Connected Disability Retirement. Motion approved unanimously.

SARAH STEVENS SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of SARAH STEVENS for a Service Connected Disability Retirement. Motion approved unanimously.

SHARON TORRES SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of SHARON TORRES for a Service Connected Disability Retirement. Motion approved unanimously.

LUZ VALENTINE SERVICE CONNECTED

Dr. Parekh moved, seconded by Dr. So, to table the entitlement of LUZ VALENTINE for a Service Connected Disability Retirement. Motion approved unanimously..

CONTINUED ENTITLEMENTS

VICTOR ALICEA Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to table the continued entitlement of VICTOR ALICEA for Disability Retirement. Motion approved unanimously.

KEIRRE COMARDO Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to table the continued entitlement of KEIRRE COMARDO for Disability Retirement. Motion approved unanimously.

KEVIN DELANEY Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of KEVIN DELANEY for Disability Retirement. Motion approved unanimously.

EDWARD FIORE Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of EDWARD FIORE for Disability Retirement. Motion approved unanimously.

DEANA NOTT Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of DEANA NOTT for Disability Retirement. Motion approved unanimously..

DIANE ROGERS Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of DIANE ROGERS for Disability Retirement. Motion approved unanimously..

ANTHONY VASQUEZ Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to table the continued entitlement of ANTHONY VASQUEZ for Disability Retirement. Motion approved unanimously.

CAMMIE WILSON Cont'd Entitlement

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of CAMMIE WILSON for Disability Retirement. Motion approved unanimously.

Continued Entitlement Pursuant to the Memorandum of Understanding of August 6, 2015

JOSEPH RICCILLO Cont'd Entitlement (SSD)

Dr. Parekh moved, seconded by Dr. So, to approve the continued entitlement of JOSEPH RICCILLO for Disability Retirement. Motion approved unanimously.

ADJOURNMENT:

Dr. Parekh moved, seconded by Dr. So to adjourn the meeting at 12:41 pm. Motion approved unanimously.