

MINUTES TO MEETING
STATE OF CONNECTICUT
MEDICAL EXAMINING BOARD
Friday, February 6, 2026

A Meeting of the Medical Examining Board was held on Friday, February 6, 2026, at the Office of the State Comptroller, 165 Capitol Ave., Hartford, Connecticut, 06106. All Medical Examining Board meetings being conducted electronically.

PRESENT:

Lynn Rudich, M.D., CHAIRPERSON
Sachin Parekh, M.D.
Manny Katsetos, M.D.

ABSENT:

Fielding Johnson, M.D.
Nikolai Lieders, M.D.
Sokpoleak So, M.D.
Frank Gerratana, M.D.
Sheldon Nova, M.D.
Rita Ohene-Adjei, M.D.
Sohrab Zahedi, M.D.
Ralph Rosenberg, M.D.
Michael Gerstenfeld, M.D.
Eric T. Shore, M.D.

OTHERS PRESENT:

Robert Helfand, Retirement Services Division
Patrick Fairbanks, Retirement Services Division
Alexandra Cipolla, Retirement Services Division
John Herrington, Retirement Services Division
Cindy Cieslak, General Counsel to the Commission, Rose Kallor, LLP.

Please note that a portion of the meeting was conducted in executive session as the focus of the meeting was the medical condition(s) of each Disability Retirement applicant.

CALL TO ORDER

The Chairperson called the meeting to order at 9:09 am.

Dr. Rudich motioned to go into the Executive Session to discuss medical condition(s) related to the applications for Disability Retirement, seconded by Dr. Parekh, at 9:05 am. Members of the Retirement Services Division and the General Counsel to the Commission were invited to stay during Executive Session. A brief break was taken

1. Attorney Jeffrey Ment and Angel Aviles appeared on Zoom before the Board at 10:59 am. They made a statement and then they were excused by the Board at 11:00 am.

Dr. Rudich motioned to come out of Executive Session, seconded by Dr. Parekh at 11:17 am. After discussion the motion was rescinded to remain in executive session. After discussion Dr. Rudich moved to come out of Executive Session at 11:18, seconded by Dr. Parekh. Motion approved unanimously.

AVILES, ANGEL SERVICE CONNECTED (RECON)

Dr. Rudich moved, seconded by Dr. Parekh, to table the entitlement of Angel Aviles for a Service Connected Retirement. Motion approved unanimously.

BONETT, CARLOS NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to approve the entitlement of Carlos Bonett for a Non-Service Connected Retirement. Motion approved unanimously.

BRISTOL, KIMBERLY NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to approve the entitlement of Kimberly Bristol for a Non-Service Connected Retirement. Motion approved unanimously.

COSBY, SHELDON NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to deny the entitlement of Sheldon Cosby for a Non-Service Connected Retirement. Motion approved unanimously.

LOBBAN, EVERTON NON-SERVICE CONNECTED (RECON)

Dr. Rudich moved, seconded by Dr. Parekh, to deny the entitlement of Everton Lobban for a Non-Service Connected Retirement. Motion approved unanimously.

LUBY, WILLIAM NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to deny the entitlement of William Luby for a Non-Service Connected Retirement. Motion approved unanimously.

MUHAMMAD, MARCELLA NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to approve the entitlement of Marcella Muhammad for a Non-Service Connected Retirement. Motion approved unanimously.

NIX, KELVIN NON-SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to table the entitlement of Kelvin Nix for a Non-Service Connected Retirement. Motion approved unanimously.

PHILLIPS, MARILYN SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to deny the entitlement of Marilyn Phillips for a Service Connected Retirement. Motion approved unanimously.

ROSS, LISA SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to approve the entitlement of Lisa Ross for a Service Connected Retirement. Motion approved unanimously.

STEBEN, JUDITH SERVICE CONNECTED

Dr. Rudich moved, seconded by Dr. Parekh, to deny the entitlement of Judith Steben for a Service Connected Retirement. Motion approved unanimously.

STRYKER, COLLEEN SERVICE CONNECTED*

Dr. Rudich moved, seconded by Dr. Parekh, to Deny Colleen Stryker's entitlement to Service Connected Disability Retirement, but approve entitlement to non-service connected Disability Retirement. Motion approved unanimously.

CONTINUED ENTITLEMENTS

ANDERSON, KATHLEEN

CONT'D ENTITLEMENT

Dr. Rudich moved, seconded by Dr. Parekh, to discontinue the entitlement of Kathleen Anderson for Disability Retirement. Motion approved unanimously.

BLUMBERG, VICKI

CONT'D ENTITLEMENT

Dr. Rudich moved, seconded by Dr. Parekh, to discontinue the entitlement of Vicki Blumberg for Disability Retirement. Motion approved unanimously.

GOODEN, DAPHNE

CONT'D ENTITLEMENT

Dr. Rudich moved, seconded by Dr. Parekh, to continue the entitlement of Daphne Gooden for Disability Retirement. Motion approved unanimously.

HAMER, PATRICE

CONT'D ENTITLEMENT

Dr. Rudich moved, seconded by Dr. Parekh, to discontinue the entitlement of Patrice Hamer for Disability Retirement. Motion approved unanimously.

SMITH, FREDERICK

CONT'D ENTITLEMENT

Dr. Rudich moved, seconded by Dr. Parekh, to discontinue the entitlement of Frederick Smith for Disability Retirement. Motion approved unanimously.

ADJOURNMENT:

Dr. Rudich moved, seconded by Dr. Parekh to adjourn the meeting at 11:24 am. Motion approved unanimously.