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STATE OF CONNECTICUT  
STATE EMPLOYEES' RETIREMENT COMMISSION  
MEDICAL EXAMINING BOARD  
DATE: February 6, 2026  
LOCATION: VIA ZOOM

Present:

Lynn Rudich, M.D. - Chairperson  
Sachin Parekh, M.D.  
Manny Katsetos, M.D.

Also Present:

John Herrington, Retirement Services Division  
Patrick Fairbanks, Retirement Services Division  
Alexandra Cipolla, Retirement Services Division  
Cindy Cieslak, General Counsel to the Commission, Rose  
Kallor.

1 (Proceedings began at 9:03 a.m.)

2

3 DR. RUDICH: Okay. The February 6th, 2026,  
4 meeting of the Medical Examining Board is now in  
5 session. I am Dr. Lynn Rudich. We also have Dr.  
6 Sachin Parekh and Dr. Manny Katsetos present.

7 From the Office of the State Comptroller  
8 Retirement Services Division are Alexandra Cipolla,  
9 Patrick Fairbanks and John Herrington.

10 We also have General Counsel for the Retirement  
11 Commission and Medical Examining Board, Cindy  
12 Cieslak.

13 I'm going to make a motion to go into Executive  
14 Session. Is there a second?

15 DR. PAREKH: Second.

16 DR. RUDICH: Any discussion? All in favor say  
17 aye.

18 DR. PAREKH: Aye.

19 DR. RUDICH: Rudich, aye.

20 DR. KATSETOS: Katsetos, aye.

21 DR. RUDICH: Motion passes. We are going to go  
22 into Executive Session at this time.

23 CINDY CIESLAK: Dr. Rudich, this is Cindy  
24 Cieslak. Are the doctors inviting anyone?

25 DR. RUDICH: Yes, I'm inviting as part of that

1 motion -- I'm sorry. I'm inviting the members of  
2 the Retirement Services Division, Alexandra Cipolla,  
3 Patrick Fairbanks, and John Herrington, as well as  
4 Counsel Cindy Cieslak, to join us.

5 CINDY CIESLAK: Thank you. All right. This is  
6 Cindy Cieslak. So the doctors move to go into  
7 Executive Session. This is because they are  
8 discussing the applicant's private medical  
9 information.

10 After the doctors have reviewed all of the  
11 medical information, anyone who is on  
12 reconsideration will be invited in for that matter,  
13 and then the doctors will re-enter public session to  
14 make the determinations on each of the applications.  
15 So I'm going to place all of the members of the  
16 public, the applicants, and their attorneys in the  
17 waiting room.

18 Sometimes this process does take a significant  
19 amount of time, an hour or two. So if you're in the  
20 waiting room for a long time, rest assured that you  
21 will be invited back in as soon as we enter public  
22 session. Thank you.

23 (Executive Session from 9:04 a.m. to 11:17  
24 a.m.)

25 DR. RUDICH: The Board will be making

1           determinations and voting on those determinations,  
2           but would like to remind members that only the final  
3           vote will be given today and not the reasons for the  
4           vote.

5           In some instances, there may not have been  
6           enough medical information to make a determination,  
7           or perhaps a non-service-connected disability is  
8           more likely than a service-connected disability.

9           You may seek reconsideration of an initial  
10          denial. You'll receive the board's written  
11          determination within two to four weeks, which will  
12          provide additional information.

13          I make a motion to table the service-connected  
14          disability retirement of Angel Aviles.

15          DR. PAREKH: Parekh, second.

16          DR. RUDICH: Any discussion? All in favor say  
17          aye. Rudich, aye.

18          DR. PAREKH: Parekh, aye.

19          DR. KATSETOS: Katsetos, aye.

20          DR. RUDICH: Motion passes.

21          I make a motion to approve the non-service-  
22          connected disability retirement of Carlos Bonett.

23          DR. PAREKH: Parekh, second.

24          DR. RUDICH: Any discussion? All in favor say  
25          aye. Rudick, aye.

1 DR. PAREKH: Parekh, aye.

2 DR. KATSETOS: Katsetos, aye.

3 DR. RUDICH: Motion passes.

4 I make a motion to approve the non-service-  
5 connected disability retirement of Kimberly Bristol.

6 DR. PAREKH: Parekh, second.

7 DR. RUDICH: Any discussion? All in favor say  
8 aye. Rudich, aye.

9 DR. PAREKH: Parekh, aye.

10 DR. KATSETOS: Katsetos, aye.

11 DR. RUDICH: Motion passes.

12 I make a motion to deny the non-service-  
13 connected disability retirement of Sheldon Cosby.

14 DR. PAREKH: Parekh, second.

15 DR. RUDICH: Any discussion? All in favor say  
16 aye. Rudich, aye.

17 DR. PAREKH: Parekh, aye.

18 DR. KATSETOS: Katsetos, aye.

19 DR. RUDICH: Motion passes.

20 I make a motion to deny the non-service-  
21 connected disability retirement of Everton Lobban.

22 DR. PAREKH: Parekh, second.

23 DR. RUDICH: Any discussion? All in favor say  
24 aye. Rudich, aye.

25 DR. PAREKH: Parekh, aye.

1 DR. KATSETOS: Katsetos, aye.

2 DR. RUDICH: Motion passes.

3 I make a motion to deny the non-service-  
4 connected disability retirement of William Luby.

5 DR. PAREKH: Parekh, second.

6 DR. RUDICH: Any discussion? All in favor say  
7 aye. Rudich, aye.

8 DR. PAREKH: Parekh, aye.

9 DR. KATSETOS: Katsetos, aye.

10 DR. RUDICH: Motion passes.

11 I make a motion to approve the non-service-  
12 connected disability retirement of Marcella  
13 Muhammad.

14 DR. PAREKH: Parekh, second.

15 DR. RUDICH: Any discussion? All in favor say  
16 aye. Rudich, aye.

17 DR. PAREKH: Parekh, aye.

18 DR. KATSETOS: Katsetos, aye.

19 DR. RUDICH: Motion passes.

20 I make a motion to table the non-service-  
21 connected disability retirement of Kelvin Nix.

22 DR. PAREKH: Parekh, second.

23 DR. RUDICH: Any discussion? All in favor say  
24 aye. Rudich, aye.

25 DR. PAREKH: Parekh, aye.

1 DR. KATSETOS: Katsetos, aye.

2 DR. RUDICH: Motion passes.

3 I make a motion to deny the service-connected  
4 disability retirement of Marilyn Phillips.

5 DR. PAREKH: Parekh, second.

6 DR. RUDICH: Any discussion? All in favor say  
7 aye. Rudich, aye.

8 DR. PAREKH: Parekh, aye.

9 DR. KATSETOS: Katsetos, aye.

10 DR. RUDICH: Motion passes.

11 I make a motion to approve the service-  
12 connected disability retirement of Lisa Ross.

13 DR. PAREKH: Parekh, second.

14 DR. RUDICH: Any discussion? All in favor say  
15 aye. Rudich, aye.

16 DR. PAREKH: Parekh, aye.

17 DR. KATSETOS: Katsetos, aye.

18 DR. RUDICH: Motion passes.

19 I make a motion to deny the service-connected  
20 disability retirement of Judith Steben.

21 DR. PAREKH: Parekh, second.

22 DR. RUDICH: Any discussion? All in favor say  
23 aye. Rudich, aye.

24 DR. PAREKH: Parekh, aye.

25 DR. KATSETOS: Katsetos, aye.

1 DR. RUDICH: Motion passes.

2 I make a motion to deny the service-connected  
3 disability retirement but approve non-service-  
4 connected disability retirement of Colleen Stryker.

5 DR. PAREKH: Parekh, second.

6 DR. RUDICH: Any discussion? All in favor say  
7 aye. Rudich, aye.

8 DR. PAREKH: Parekh, aye.

9 DR. KATSETOS: Katsetos, aye.

10 DR. RUDICH: Motion passes.

11 I make a motion to deny continued entitlement  
12 of Kathleen Anderson.

13 DR. PAREKH: Parekh, second.

14 DR. RUDICH: Any discussion? All in favor say  
15 aye. Rudich, aye.

16 DR. PAREKH: Parekh, aye.

17 DR. KATSETOS: Katsetos, aye.

18 DR. RUDICH: Motion passes.

19 I make a motion to deny continued entitlement  
20 of Vicki Blumberg.

21 DR. PAREKH: Parekh, second.

22 DR. RUDICH: Any discussion? All in favor say  
23 aye. Rudich, aye.

24 DR. PAREKH: Parekh, aye.

25 DR. KATSETOS: Katsetos, aye.

1 DR. RUDICH: Motion passes.

2 I make a motion to approve the continued  
3 entitlement to disability retirement of Daphne  
4 Gooden.

5 DR. PAREKH: Parekh, second.

6 DR. RUDICH: Any discussion? All in favor say  
7 aye. Rudich, aye.

8 DR. PAREKH: Parekh, aye.

9 DR. KATSETOS: Katsetos, aye.

10 DR. RUDICH: Motion passes.

11 I make a motion to deny continued entitlement  
12 to disability retirement of Patrice Hamer.

13 DR. PAREKH: Parekh, second.

14 DR. RUDICH: Any discussion? All in favor say  
15 aye. Rudich, aye.

16 DR. PAREKH: Parekh, aye.

17 DR. KATSETOS: Katsetos, aye.

18 DR. RUDICH: Motion passes.

19 I make a motion to deny the continued  
20 entitlement to disability retirement of Frederick  
21 Smith. Is there a second?

22 DR. PAREKH: Parekh, second.

23 DR. RUDICH: Any discussion? All in favor say  
24 aye. Rudich, aye.

25 DR. PAREKH: Parekh, aye.

1 DR. KATSETOS: Katsetos, aye.

2 DR. RUDICH: Motion passes.

3 I make a motion to adjourn this meeting of the  
4 Medical Examining Board.

5 DR. PAREKH: Parekh, second.

6 DR. RUDICH: Any discussion? All in favor say  
7 aye. Rudich, aye.

8 DR. PAREKH: Parekh, aye.

9 DR. KATSETOS: Katsetos, aye.

10 DR. RUDICH: Motion passes.

11 CINDY CIESLAK: Thank you, everyone. We are  
12 adjourned.

13 (Meeting adjourned at 11:24 a.m.)

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REPORTER'S CERTIFICATE

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I, Wendy Malitsky, do hereby certify that the foregoing is, to the best of my skill and ability, a true and accurate transcript of the State Employees' Retirement Commission, Medical Examining Board held on

*Wendy Malitsky*

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Wendy Malitsky, Notary Public

My Commission Expires March 31, 2030