HEALTHCARE COST CONTAINMENT COMMITTEE



165 Capitol Ave HARTORD, CONNECTICUT 06106-1775 Telephone (860) 702-3480 Facsimile (860) 702-3556

STATE OF CONNECTICUT HEALTHCARE POLICY & BENEFIT SERVICES DIVISION

OFFICE OF THE STATE COMPTROLLER

HEALTHCARE COST CONTAINMENT COMMITTEE MINUTES September 9, 2021

Meeting Called to Order by Tom Woodruff:

Attendance:

Labor	State Comptroller Administrative Staff
Carl Chisem – CEUI	Joshua Wojcik
Dan Livingston – SEBAC	Peggy Haering
Dave Glidden – CSEA	Thomas Woodruff
Alfredo Camargo – A&R	
	Presenters
	Bernie Slowik – OSC
Management	Rae-Ellen Roy – OSC
Gregory Messner	Betsy Nosal – OSC
	Consultants
Dept. of Insurance	Terry DeMattie, Segal
Paul Lombardo	

Public Comment:

No public comment

Financials:

For the SFY 2021-2022 year-end health account balances, the projected active account on the medical side for FY2022 is \$148.6M, with total FAD balances including pharmacy at around \$198.2M.

On the retiree side, the projected health FAD account is around \$123.7M with total projected FAD balance at around \$164.9M.

Currently, approximately 13,000 employees are eligible for retirement, including early retirements.

Partnership 2.0

Partnership 2.0 as of September 1st, there are 152 groups enrolled, totaling roughly 26,000 employees and over 63K members. As of August 1, 96 groups completed their three-year contract commitments under Partnership and had the option to leave without an early termination penalty, but to date – no group has left Partnership 2.0.

The Medical Loss Ratio for Fiscal Year July 2020 – June 2021 was 94.1% which includes IBNR reserves as well as the second half of the regional adjustment. Based on this, a favorable MLR is anticipated going forward.

Partnership 1.0

As of 9/1/21, 5 groups remain totaling approximately 2,400 employees and just under 3,400 members.

Communications Update:

The use of social media to communicate with health plan members on benefit offerings was discussed, with Facebook reach in June, July and August at 19,020, 26,321 and 29,183 respectively. The CareCompass website saw traffic consistent with previous months, with an average of over 9K unique visitors per month from June – August. Care Compass page views averaged between 25 – 26K from the months of June through August.

The communications calendar for September through October are as follows:

State Member Education

- Email/all-users: Care Compass Facebook, support HEP compliance, Upswing Health (event)
- Social (Facebook) Ads: HEP; September Health Care topics: self-care and cholesterol awareness
- Digital (Google Ads)
 - Search ads: Continue with CT Health plan information, CareCompass, Orthopedic Injuries
 - Display ads: Begin HEP and Orthopedic to coincide with communications and events
- Member Webinar: Upswing Health on September 21st

Partnership Member Education

- Working with Anthem on Partnership expansion campaign
- Fall health fairs
- Collecting member email for direct to member email campaigns on benefits and program information

CVS Caremark

CVS reported key metrics on the state prescription drug plan, with total trend at around 4.4%. Factors accounting for this trend are brand inflation, hovering around 3.4%, a change in drug mix at 2.2%, which is being offset by generics and a decrease in total day supply. Top drug classes contributing to trend include Dermatologics, Vaccines, Respiratory Agents, Oncology, Migraine and Diabetes drugs. The top five classes contributing to specialty trend include Atopic Dermatitis, Oncology, Cystic Fibrosis, Psoriasis and Asthma

with approximately 70% of specialty medications being filled at CVS Specialty and/or CVS Pharmacy today.

CVS provided an overview of its Prescription Safety Management Programs and monitoring programs, describing solutions that improve safety and utilization of prescription drugs, including controlled substances.